

Cryotherapy Informed Consent Form

Liquid Nitrogen Freezing



Please read this information carefully.

Cryotherapy is a treatment using liquid nitrogen to remove precancers, skin tags, warts, seborrheic keratosis, and skin growths by freezing them. Sometimes it can take 2-3 treatments before it clears.

What To Expect

Liquid nitrogen is extremely cold. When sprayed on the skin the top skin layer rapidly freezes. When you leave the clinic, the freezing site will probably be red and swollen, and it may sting and itch as it thaws. Expect the site to feel like a bug bite. It may look worse over the next few days before it gets better. Swelling and/or blistering often develop within day after treatment. 2-3 days after treatment a scab will probably form which will then take 7-10 days to fall off, leaving a pink smooth area.

I am aware of the following possible experiences/risks:

- There may be pain while the liquid nitrogen is applied and afterwards.
- The treated skin may become red and swollen.
- You may develop a blister (common), scar (rare), or a non-healing sore at a treatment area like the lower legs.
- Cryotherapy may cause your treated skin to lighten as it can damage pigment cells, leave a white spot. It can also darken, leave a dark spot, if you have dark skin or get excessive sun to the area while healing.

We recommend that you clean the area with soap and water daily and apply antibiotic ointment like Bacitracin until it heals. If this area is exposed to dirt, sweat, irritation from clothing or picking, cover daily with a bandaid.

I authorize the office of Dr. Monica Scheel and/or a practitioner, operating under her guidance, to perform Cryotherapy treatment on me. I am aware and understand the risks involved with treatment.

Patient Name (Print)

Patient Signature

Date

Witness Signature

Date