



AquaGold Pre & Post Treatment

Contraindications for AquaGold Treatment:

- Pregnant or breastfeeding mothers
- Patients prone to keloids
- Embedded metal or electronic implants that cannot be turned off or removed
- Prior gold therapy treatments
- Active skin infection in the area intended to be treated
- Have not had any filler or botox injections within 2 weeks of this treatment

Pre-treatment Guidelines/General Expectations:

- Do not wash face for 6 hours after treatment
- Do not apply makeup for 6 hours after treatment
- Discontinue the use of retinoids, chemical and manual exfoliants 3 days prior to the treatment
- No sunless tanner on the areas intended to be treated
- Avoid long term sun exposure 3 days prior to the treatment
- Avoid any sun exposure for 48 hours post procedure and long term, direct sun exposure for 1 week
- Avoid makeup to the areas treated for 6 hours post treatment, to avoid the risk of infection or prolonged downtime
- Avoid heavy moisturizers and occlusive products on the skin for 5-7 days post treatment
- No chemical or physical exfoliation for 1 week post treatment (i.e. retinol, scrubs, washcloths)
- No swimming in pools, ocean or jacuzzi for 1 week post treatment
- Apply a mineral based SPF 30 or higher daily starting day 2 after the treatment to avoid the possibility of Post inflammatory hyperpigmentation (PIH)

Night of Treatment:

- 4 hours post treatment avoid any steam room, sauna or swimming.
- Keep skin cool and avoid direct sunlight for the remainder of the day
- You may wash your face with a gentle cleanser 6 hours after treatment
- Apply collagen stimulation products such as Alastin Skin Nectar, TNS + Advanced, Renewal Duo Serum, or Plated Exosomes (if purchased)

Days 2 to 6

- Cleanse skin twice daily (morning and night) with a gentle cleanser
- It is highly recommended to apply collagen stimulating serums twice daily to the skin after cleansing to take advantage of the open channels after treatment. Recommended products include Alastin Skin Nectar, TNS + Advanced serum, Renewal Duo Serum, or Plated Exosomes.
- May begin using zinc oxide SPF 30 or higher in the morning if exposed to indirect sunlight

Day 7: You may return to your normal skincare regimen. Avoid retinol products until day 14