



## Brow Lamination

### *Patient Pre and Post Care Instructions*

#### **PRE-CARE: Preparing for Your Appointment**

To ensure the best results and your safety, please review the following requirements. This treatment is not recommended if you have any of the following:

- Sensitive skin or history of eczema/psoriasis around the eyes.
- Recent eye surgery or permanent makeup (within the last 6 weeks).
- Allergies to hair dye, tint, or perming solutions.
- Currently pregnant or breastfeeding (hormonal changes can affect hair lift).

#### ***Important Skincare Timeline:***

- Retin-A / Retinols: Must stop 7 days prior. May resume after 72 hours.
- AHAs / BHAs (Glycolic, Salicylic, etc.): Must stop 7 days prior. May resume after 72 hours.

#### **Additional Pre-Care:**

- Arrive Clean: Ensure the brow area is free of makeup, pencils, and oils.
- Avoid Hair Removal: Refrain from waxing or threading for 1 week prior.

---

#### **POST-CARE: The Critical First 24 Hours**

*Brow lamination is a chemical process that reshapes the hair. The first 24 hours are vital:*

- Keep Them Dry: Do not get your brows wet. Avoid steam, heavy sweating, swimming, or washing the brow area.
- Do Not Touch: Avoid rubbing or touching the brow hairs. The shape is still setting.
- Avoid Makeup: Do not apply brow gel, pencils, or heavy creams to the area.
- Sleep on Your Back: Prevent the hairs from being crushed or bent out of shape overnight.

#### **LONG-TERM MAINTENANCE**

- Hydrate Daily: Starting 24 hours after your service, you must apply a nourishing oil (such as Castor or Argan oil) daily to keep hairs healthy and prevent brittleness.
- Resume Skincare: You may resume Retinoids and Acids 72 hours after your service, keeping them away from the brow hairs.
- Brush Daily: Use a clean spoolie brush to style your brows every morning.
- Maintenance: Results last 4–8 weeks. Do not re-laminate sooner than 6 weeks.

**If you experience persistent redness, swelling, or skin irritation, please contact: Kailua Kona: (808) 329-1146 | Waimea: (808) 885-3376 Dr. Monica Scheel Dermatology**