



Micro CO2 Post Care Instructions

General expectations:

- Avoid direct sunlight and keep skin moist and cool to aid healing
- Avoid environmental irritants during healing process (eg, dust, dirt, aerosols, cleaning agents)
- Avoid dryness and excessive heat (no cooking with steam or vigorous exercise during healing process)
- Stay hydrated, eat healthy foods and avoid alcohol
- Redness and a sunburn-type sensation normally lasts several hours
- Neck redness is more persistent and will usually last longer than face redness
- Face will normally bronze and peel within 3-5 days (Note: neck and chest normally requires 2-3 weeks and arms and hands require 3-4 weeks to heal)
- Results will continue to improve after initial healing period, expect full results after 3 sessions
- Make Sure to wash your hands thoroughly before touching laser treated areas
- Buy a new hat. Do not wear old hats or ball caps after treatment, they may carry bacteria.
- Put on freshly laundered clothing each day if the neck and chest were treated.
- Put freshly washed sheets and pillowcases on the bed just prior to treatment.
- Male patients may not shave for one week post treatment. When they do they will need a new razor blade to prevent infection.**

CO2 Post Care Kit :

- Gentle Cleanser
- Briotech Topical Skin Spray - provided one 8oz bottle for all series of micro
- Dermatitis cream
- Aquaphor
- Sunscreen
- HydroCell Mask - Put into fridge prior to application
- Brightening Vitamin C serum- Travel Size

Day of Treatment –

1. Keep face cool, avoid direct sunlight for the remaining of the day
2. Wash face gently with cleanser- pat dry
3. Apply HydroCell mask for 15 minutes then remove
4. Apply Thin layer of Dermatitis cream
5. Apply Thin layer of Aquaphor
6. Sleep with head slightly elevated

Day 2-5 - Start Briotech Topical Skin Spray 3-5 times daily

Ice may help cool down your skin. Soak a clean washcloth or baby washcloth in ice water then lay it on your face (Do not scrub your face with the washcloth)

Morning:

- Wash with Cleanser
- Spray skin with Briotech Topical Skin Spray
- Apply Thin Layer of Dermatitis cream
- Apply Thin Layer of Aquaphor
- Apply Clear or Tinted Zinc SPF (re-apply every 2 hours if outdoors)

Evening:

- Wash with Cleanser
- Spray skin with Briotech Topical Skin Spray
- Apply Thin Layer of Dermatitis cream
- Apply Thin Layer of Aquaphor

Day 6 -

You may return to your normal skincare regimen, but Avoid RETINOL Products until Day 14.

To Maintain Healthy and Glowing Skin, Our Recommended Skin Care:

Morning:

- Wash with Gentle Cleanser
- Apply Growth Factor Serum
- Apply Vitamin C serum
- Apply Non-retinol Eye cream (optional)
- Apply Moisturizer or Hyaluronic Acid serum (optional for drier skin types)

Apply Mineral Tinted or Clear Spf 30+

Evening:

- Wash with Gentle Cleanser
- Apply Growth Factors
- Apply Retinol or Retinol alternatives (Avoid until day 14)
- Apply eye cream (optional)
- Apply Moisturizer or Hyaluronic Acid serum

Ask us about our favorites - We are happy to help!



DR MONICA SCHEEL
DERMATOLOGY
Expert and Personalized Skin Care



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Kailua Kona: (808) 329-1146

Waimea: (808) 885-3376

DrMonicaScheel.com